



# FREE DIABETES PREVENTION PROGRAM

Learn how to prevent Type II Diabetes!

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**STARTING SOON!**

CONTACT ALECIA SANDERS AT  
[ALECIA.SANDERS@CARTERETCOUNTYNC.GOV](mailto:ALECIA.SANDERS@CARTERETCOUNTYNC.GOV)  
OR 252-728-8550 IF INTERESTED!

*Learn to eat healthier, move more,  
manage better, monitor smarter.*

