

CARTERET COUNTY DEPARTMENT OF HUMAN SERVICES

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For Immediate Release

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Carteret County COVID-19 Second Death of Confirmed COVID-19 Resident Press Release #36

Carteret County, NC – On April 17, 2020, Carteret County Health Department reported that a second Carteret County resident died from complications associated with COVID-19. The resident was in their late 60's and had several underlying health conditions. To protect the family's privacy, no further information about this patient will be released.

“We extend our deepest sympathies to the family and loved ones of our resident,” said Carteret County Nursing Director, Kim Davis. “This virus has a greater risk for those individuals who are elderly and those with underlying chronic health conditions. We urge everyone to protect yourself and our community by staying at home, practicing social distancing when conducting essential business, and employing preventive measures such as cleaning/disinfecting surfaces frequently and washing your hands with soap and water for at least 20 seconds.” Ms. Davis concluded.

According to the Centers for Disease Control and Prevention (CDC), most people who get COVID-19 will recover without needing medical care. For that reason, people who think they have COVID-19 showing mild symptoms such as fever and cough without shortness of breath or difficulty breathing are encouraged to isolate themselves at home, separate themselves from others within the household as much as possible, and call their medical provider for advice.

It is extremely important for people at higher risk of getting sick with COVID-19 to call their medical provider if they develop symptoms of fever or cough. High-risk individuals include:

- Are 65 years or older
- Live in a nursing home or long-term care facility
- Have compromised immune systems
- Severe obesity-body mass index of 40 or higher
- Other underlying medical conditions, particularly if not well controlled, such as diabetes, renal failure or liver disease
- People who are pregnant should be monitored since they are known to be at risk for severe viral illnesses.

For individuals with more serious or worsening symptoms, please call your medical provider or 911 immediately. Those symptoms include worsening shortness of breath, difficulty breathing, chest pain or pressure, confusion, or blue lips.

For more information on COVID-19 in Carteret County, call the Citizens Inquiry Hotline at 252-728-7060.

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