

# CARTERET COUNTY DEPARTMENT OF HUMAN SERVICES

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For Immediate Release

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## **Carteret County COVID-19 Carteret County State of Emergency Declaration Press Release #14**

**Beaufort, NC** – Carteret County Board of Commissioners issued the attached State of Emergency today, March 19, 2020. In addition to this declaration Carteret County Manager Tommy Burns states, “Based on the recommendations, the County discourages travel to the coast at this time to reduce the possible community spread of COVID-19. Our County Government, municipalities and community businesses are working diligently to maintain resources for the health and everyday provisions of permanent residents.”

The County asks residents to continue to follow the recommendations of the Center for Disease Control and Prevention (CDC) and the NC Department of Health and Human Services (NCDHHS):

- Reduce the risk of person-to person transmission by practicing social distancing measures which decrease the frequency of contact and increase physical distance between persons.
- Wash your hands frequently with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer when soap and water is not available.
- Individuals who are sick should always cover their coughs and sneezes using a tissue or the crook of their elbow.
- Individuals who are sick should stay home.
- Avoid touching your eyes, nose or mouth.

For more information on COVID-19, including symptoms and treatment, the County urges citizens to please use the following credible sources:

- COVID-19 Information Call In Line at the NC Department of Health and Human Services (NCDHHS): 866-462-3821 or the Coronavirus Response in North Carolina (NCDHHS): <http://ncdhhs.gov/coronavirus>
- Centers for Disease Control and Prevention (CDC): <http://coronavirus.gov>

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