

ACTIVITIES SCHEDULE – MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EVERY WEEK	EVERY WEEK	EVERY WEEK	EVERY WEEK	EVERY WEEK
9:00 Arthritis Foundation Exercise Program 11:00 Flexercise 12:30 Bridge-Celebrity 1:00 Arthritis Foundation Exercise Program	9:00 Twisted Sisters 9:00 Tai Chi for Arthritis 9:00 Bridge-The Sands 10:15 Stretcherchise 10:30 WooBall 10:30 Yoga \$ (pre-register) 12:30 Bridge-Carteret 1:00 BINGO	9:00 Arthritis Foundation Exercise Program 10:00 Arts and Crafts 10:15 Stretcherchise 10:30 Senior Sing 10:30 Chair Yoga 11:00 Flexercise 1:00 Arthritis Foundation Exercise Program 1:00 Canasta	9:00 Twisted Sisters 9:00 Tai Chi for Arthritis 10:00 Bible Study 10:15 Stretcherchise 12:30 Bridge – Chicago	9:30 BINGO 11:00 Flexercise 12:30 Bridge – Friendly
2 10:00 Leon Mann General Store 1:00 Mah Jong	3 10:00 Blood Pressure Checks 10:00 Leon Mann General Store	4 12:00 Parkinson’s Support Group	5	6 11:00 Mother’s Day 12:00 Tailgate to Celebrate 7:30 Friday Night Dance
9 10:00 The HELLO Game 10:00 Leon Mann General Store	10 10:00 Leon Mann General Store	11 10:00 Spring Card Making	12 1:00-3:00 Mexican Dominos	13 9:00 Senior Voice
16 10:00 Leon Mann General Store 1:00 Mah Jong	17 10:00 Leon Mann General Store	18	19	20 9-11:30 Senior Expo 7:30 Friday Night Dance

23 10:00 Advanced Care Planning 10:00 Leon Mann General Store	24 10:00 Leon Mann General Store	25	26 1:00-3:00 Mexican Dominos	27 9:00 Kick Back w/Kisha 10:00 Memorial Day
30 CLOSED Memorial Day	31 10:00 Leon Mann General Store			

Calendar subject to change without notice

DAILY DROP-IN ACTIVITIES
Available 8:00am to 4:30pm (unless otherwise noted)

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|-----------------------|----------------|------------------------|---------------------------|
| Billiards | Library | Jigsaw Puzzles | Pinochle |
| Stretchercise | Computer Lab | Fitness Center | Senior Center Orientation |
| Table Games | Cornhole | Indoor-Outdoor Walking | Outdoor Sports |
| Drop-In Coffee/Social | Gaming Systems | Bikes – Free Rental | |

Lunch 11:30 (Must be pre-registered)

Please visit our Facebook page and see how much fun we have!

www.facebook.com/leonmannseniorcenter



LEON MANN, JR. ENRICHMENT CENTER
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OPERATION HOURS: MONDAY – FRIDAY 8:00 AM – 5:00 PM