



CARTERET COUNTY HEALTH DEPARTMENT

3820 A Bridges Street

Morehead City, NC 28557

Phone (252) 728-8550 Fax (252) 222-7739

www.carteretcountync.gov



Behavioral Health/Substance Use Resources (Updated: 06/08/2020)

Mobile Crisis Resources: Integrated Family Services Mobile Crisis (1-866-437-1821) and RHA Mobile Crisis (1-844-709-4097)

Behavioral Health Agencies in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance
Access Family Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, foster care, IAFT, day treatment)	800 Cardinal Road, New Bern	252-633-3855	www.accessfamilyservices.com	Accept most insurances; Call for more information; Enhanced services billed through Medicaid funding, the client's Managed Care Organization
Carolina Psychological Health Services (comprehensive psychological assessments, psychotherapy, psych diagnostic evaluations)	1703 Country Club Road, Suite 204, Jacksonville	910-347-3010	www.cphsnc.com	Blue Cross Blue Shield (BCBS), Medicare, Tricare, Medcost
Carteret County Rape Crisis	300 Penny Lane, Morehead City	252-504-3668	https://www.carteretcountync.gov/460/Rape- Crisis	No insurance required; Free
Coastal Carolina Center for Women's Ministries	304 Emerald Plantation Drive, Emerald Isle	252-764-0722	https://www.compassionatefriends.org/wcl-service/coastal-carolina-cwm/	No insurance required; Free
Coastal Carolina Neuropsychiatric Center (psychiatric intake assessments, medication management, psychotherapy, group therapy, psychological testing)	302 Penny Lane, Morehead City 200 Tarpon Trail, Jacksonville	Jacksonville: 910-938-1114 Fax: 910-938-1118 Morehead City: 252-499-9412 Fax: 910-938-1118	http://coastalcarolinapsych.com/	Tricare, Medicare, Medicaid, Medcost, NC Health Choice, BCBS, Trillium, Alliance, Eastpointe, Partners, Sandhills, Vaya
Down East Center For Women Ministry	407 Live Oak Street, Beaufort #5	919-612-1408	http://www.cwmhope.org/locations/down-eastbeaufort-cwm/	No insurance required; Free
Easter Seals UCP (intensive in-home services, therapeutic foster care)	3820-B Bridges Street, Morehead City	252-648-7150 Fax: 252-247-3277	www.eastersealsucp.com	Medicaid, Trillium

FACT Specialized Services, A program of Methodist Home for Children (Day treatment, Level III Residential Services, Outpatient Therapy)	120 Henderson Drive, Unit B, Jacksonville	910-346-3744	www.mhfc.org	Medicaid, Trillium, Alliance
Greater Visions Behavioral Health (therapy, medication awareness/education, initial evaluations, medication management)	3820 Bridges Street, Suite B Morehead City	252-499-9637	https://www.greatervisionsbehavioralhealth.com	Aetna, BCBS, Cigna, Medicaid, Medicare, United, Tricare, uninsured \$300 first visit and \$150 follow-ups
Integrated Family Services (comprehensive clinical assessment, outpatient therapy, tele-med medication management)	3710 John Platt Drive, Suite A Morehead City	252-648-7850 Fax 252-648-7950	www.integratedfamilyservices.net	Medicaid, Medicare, Tricare, BCBS, Cigna, Aetna, Private, uninsured
LeChris Counseling Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, PSR, Peer Support, IDD)	3332-A Bridges Street, Morehead City	252-726-9006	www.lechris.com	BCBS, Federal and NC, Medicaid, Medicare, Self-Pay
One to One Counseling and Consulting, PLLC (comprehensive clinical assessment, outpatient therapy, group counseling)	3332 Bridges Street, Suite 3A, Morehead City	1-888-557-1675 Fax: 252-648-7598	www.onetoone-cc.com	BCBS, Medicaid, Medcost, Tricare Insurance is not applicable for life coaching sessions.
PORT Health Services (assessment, outpatient therapy, substance abuse treatment, medication management)	3715 Guardian Avenue, Morehead City	252-222-3144 Fax: 252-222-3358	www.porthhealth.org	BCBS, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid, State and self pay
Pride in North Carolina, Inc. (comprehensive clinical assessment, outpatient therapy, medication management)	110 Branchwood Drive, Suite B, Jacksonville	910-938-9833 Fax: 910-938-9835	www.pridenc.com	Medicaid, state funded, BCBS, NC Health Choice
RHA Behavioral Health (comprehensive clinical assessment, outpatient therapy, group therapy, intensive in-home services)	1405-A South Glenburnie Road, New Bern	252-638-7875	www.rhabebehavioralhealth.org	BCBS, Medicaid, State No insurance required for Crisis.
Sagestone, LCC (Mental and Behavioral Health Counseling, Substance Abuse Counseling, Life Coaching, Family/Relationship Support, ADHD Support. Individual, group, therapeutic retreats, professional, and contract services.)	8108-B Emerald Drive, Emerald Isle	252-515-0557	www.sagestonenc.com	Flexible fee and Sliding scale. Each patient has their own contract.

Southmountain Children & Family Services	116 N. Englewood Drive, Rocky Mount	252-999-0200	www.southmountain.org	Health Choice, Tricare, Trillium, BCBS, and all other major insurance
Substance Abuse and Mental Health Services Administration (SAMSHA) (behavioral health resource finder)	None listed	800-622-4357	https://www.samhsa.gov/find-help	No insurance required. Free
Timber Ridge Treatment Center (Male youth rehabilitation through therapeutic camping)	665 Timber Trail, Gold Hill	919-971-1981	www.trtc.net	Medicaid, HealthChoice, Trillium and Beachon Health; Call for more information
Trillium Health Resources (screening, triage, referrals)	3820-B Bridges Street, Morehead City	1-866-998-2597 (Administrative #) 1-877-685-2415 (Access to Care Line)	www.trilliumhealthresources.org	Medicaid and individuals without any insurance

Psychologists and Private Counselors in Carteret County, NC and the surrounding areas

Name	Address	Phone Number	Website	Insurance
Vickey Barwick, MA, MEd (Diagnose/Treat learning issues)	1104 Arendell Street, Morehead City	252-725-1686	None listed	Call for more information
Temple Berry, MSW, LCSW (IntraCoastal Counseling; adult, adolescent, individual, couples and family counseling)	638 West Corbett Avenue, Swansboro	910-325-5775 Fax: 910-325-1660	None listed	BCBS, Self-pay; Call for more information
Mark Besen, PhD, Psychological Services (Neuropsychological & Psychological Testing ages 8 and up)	1104 Arendell Street, Morehead City (Located inside The Dill House)	252-207-0545 Fax: 252-364-4620	http://www.mbpsychservices.wordpress.com/	Medicare, Medcost, BlueCross BlueShield, Tricare, United Healthcare and Discounted Self-Pay.
Chris Boyle, HSP-PA (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-571-7792	None listed	Medicaid, NC Health Choice, Self-pay
Dizy Brown, MED, LPC, DCEP (counseling for individuals, couples, teenagers)	1104 Arendell Street, Morehead City	252-503-5143	None listed	Aetna, BCBS, Cigna, Medcost (out-of-network), Medicaid, Self-pay, Tricare (out-of-network), United Behavioral Health
Ray Conner, LPCA (New Life Counseling)	5058 Hwy. 70 West, Morehead City	252-241-7395	None listed	Cigna, BCBS (out-of-network), self-pay; Call for more information
Kathleen Eilers, MS, LPCS (Children, adolescents and adults)	1104 Arendell Street, Morehead City	252-670-4720	www.moreheadcitycounseling.com	BCBS, Tricare, MedCost, Atena Self-pay
Jo Ann Garner-McGraw, PhD (Individual and family therapy services, child and adult)	142 Fairview Drive, Emerald Isle	252-354-7661	None listed	Self-pay
James Lauve, LCSW (family, adult, adolescent counseling, substance abuse counseling)	3332 Bridges Street, Suite 4, Morehead City	252-726-0306	None listed	Aetna, BCBS, Cigna, Medcost, Medicaid, Medicare, Tricare, United Health
Wendy Maddox, LCSW (trauma and attachment services, play therapy)	1104 Arendell Street, Morehead City	252-723-9775	None listed	Medicaid, Atena

Maureen Migliore, LPA (Ole Town Counseling and Assessment Services)	601 Cedar Street, Suite 7, Beaufort	252-838-1605	www.oletownecounseling.com	BCBS, Medcost, Medicaid, Self-pay, NC Health Choice, United Health Care (out network)
Lisa Miller, LPC (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-670-4850	None listed	BCBS, Medicaid, NC Health Choice, Self-pay
Pam Muñoz, LCSW (individuals, couples and family therapy)	1104 Arendell Street, Morehead City	252-622-9310 Fax: 252-222-3100	None listed	BCBS, Medcost, Medicare, Tricare
Psychological/Therapeutic Resources (Outpatient therapy, AD/HD, Autism Spectrum Disorder, Psychological Testing, Grief Counseling, Problem Gambling)	504 Pollock Street, New Bern or 210 Stonebridge Square, Havelock	252-638-3881 Fax: 252-638-8820	http://www.ptrnewbern.com/	BCBS, Self-pay, Tricare, Medcost
Pat R. Robbins, MA, PhD (Eastern Carolina Psychiatric Services)	2800 Village Way, Trent Woods	252-637-7300	www.ecps2800.com	Medicaid, Medicare, State, Tricare, BCBS, NC Health Choice, Self-Pay; Other Commercial Insurances
Terry Robertson, LCSW (individual psychotherapy, family counseling, marriage counseling, Board- certified clinical hypnosis)	3002 Bridges Street, Morehead City	252-247-7090	None listed	Self-pay. All sessions are paid in full and then insurance is filed for reimbursement after deductible is met.
Julie Sandine, LCSW (Greater Visions Behavioral Health)	3820 Bridges Street, Suite B, Morehead City	252-222-0854	None listed	Aetna, BCBS, Cigna, Medicare, Medicaid
Glenda Self, LPC (Mainly pre-school children and family therapy, also home-based therapy) Better Beginnings	215 N. 35 th Street, Suite 5, Morehead City	252-723-5807 Fax: 252-499-9732	http://carteretkids.org/ (see home-based family therapy)	Medicaid, Self-Pay, Grant Funds available to eligible recipients
Susan Sullivan MSW, LCSW PLLC (individual, family & couples therapy)	East Coast Sqaure- East 4218 M Arendell Street Morehead City	252-422-1655	None listed	Self-pay
Judy Terrell, LMFT (couples, children, adult counseling)	215 N. 35 th Street, Suite 5, Morehead City	252-422-2403	None listed	BCBS, Private Pay

Substance Use Treatment Providers/Assistance in Carteret County, NC and the surrounding areas

Name	Location	Phone Number	Website	Insurance
Alcoholics Anonymous (12- step recovery)	Monday, 7pm, United Methodist Church, Morehead City Thursday, 8pm, First Presbyterian Church, Morehead City	901-201-7915	www.carteretcountyaa.org	No insurance required. Meetings are listed on the website.

	Thursday, 9:30 am, First Baptist Church, Morehead City Friday, 12pm, Peer Recovery Center, Morehead City			
Al-Anon and Alateen (12- step recovery for families and teens)	None listed	1-800-344-2666	http://ncbermudaafg.org	No insurance required. Local meetings information can be found on their website or by calling their office
Brynn Marr Hospital (detoxification and in- patient treatment)	192 Village Drive, Jacksonville	910-577-1900	www.brynnmarr.org	BCBS, Tricare, Medicaid, Medicare, Medcost, United, Aetna, Cigna, UBH, Health Choice, Magellan, most managed care plans
Carteret Counseling Services, Inc. (drug/alcohol assessments (ages 18+), outpatient and intensive outpatient group therapy)	105 N 10 th Street, Morehead City	252-247-1109	None listed	Medicaid, Tricare, State, Self-pay
Community Prevention Services, Inc.	2444 Commerce Road, Jacksonville	910-353-0972	https://communityprevention.webs.com/	No insurance required. Free
David J. Ellis, LPCS, LCAS David L. Ellis, LCSW (Substance Abuse and Mental Health Services Individual, Couples and Family Counseling Assessment, Outpatient Services)	318-A East Main Street, Havelock	252-646-1171	http://www.elliscounseling.com/	BCBS, Tricare, Medicare, Medicaid, All major insurances \$65 an hour for self-pay
Don Mrdjenovic, CSAC (certified substance abuse counselor) (DWI counseling)	105 N. 10 th Street, Morehead City	252-247-1109	None listed	Self-pay
Hope Is Alive Ministries (sober living home: 12-18 month programs)	526 Crow Hill Road Beaufort, NC 28516	918-607-6985	https://www.hopeisalive.net	Self Pay, Entry: \$750, Rent: \$600
Family Medicine and Rehabilitation Center	310 Commerce Ave., Suite B, Morehead City	252-499-9021 919-679-2600	www.fmrclinics.com	All major medical insurance, Tricare, including Medicaid and Medicare
Healing Transitions (inpatient substance abuse treatment)	1251 Goode Street, Raleigh (Men) 3304 Glen Royal Road, Raleigh (Women)	919-838-9800	www.healing-transitions.org	No insurance required. Free
Hope Recovery Homes, Inc. (men's and women's substance abuse recovery residential houses)	None listed	252-515-6976	www.hoperecoveryhomes.org	Call their office for location and insurance information. For more information about their application process, visit their website.
Life Point Church (SMART Recovery-Tuesdays 6:30PM, Thursdays 1PM, Friends & Families on Fridays 7PM; Grief Share and The Compassionate Friend groups)	5058 Hwy. 70 West, Morehead City	252-241-7395	www.lifepointtoday.net	No insurance required. Free

Loaves and Fishes Counseling (assessments, individual and group counseling, support groups; inpatient and outpatient)	1730 Live Oak Street, Beaufort	252-838-9035	www.loavesandfishesnc.org	1 st month- \$750 Each Additional Months- \$500 Insurance information will not be accepted at the beginning; a bill will be provided at the end of the stay. It can be presented to your insurance company.
Mental Health Support Group	Wednesdays, 12:00pm, Peer Recovery Center	252-222-3888	http://www.prcofcc.org/	No insurance required. Free
he MirIAM (Women's drug and alcohol rehabilitation)	102 Industrial Drive, Morehead City	252-725-3030	www.themiriam.org	Payment plan offered
Morehead City Treatment Center	403 N 35 th Street, Morehead City	252-773-0306	www.moreheadcitytreatment.com	Medicaid, Medicare B
Nar-Anon (12-step recovery for families of people with addiction)	Tuesday, 6:30pm, Peer Recovery Center Also some at Saint Andrews Episcopal Church	252-808-5350, 252-646-2725, 1-800-447-6291	www.nar-anon.org	No insurance required. Free
Narcotics Anonymous (12-step recovery)	Sunday-Thursday, 7pm, Peer Recovery Center	800-691-5427	www.na.org www.coastalcarolinaarea.org	No insurance required. Free
Peer Recovery Center of Carteret County (12-step recovery, one-to-one peer support)	3900 Bridges Street, Morehead City	252-222-3888, 252-269-5317 (24-hr warmline)	www.prcofcc.org	No insurance required. Free
PORT (residential) (adolescent substance abuse treatment program)	114 Health Drive, Greenville	252-413-1950	https://porthealthservices.org/childadolescent-outpatient-treatment/port-residential/	Athena, BCBS, CHAMPVA, Cigna, Health Choice, Humana, Magellan, Medcost, Medicaid, Medicare, Self-pay, Tricare, United Health Care
RI International Dix Crisis Center (Recovery & Peer support)	215 Memorial Drive, Jacksonville	910-378-4809	www.riinternational.com	Call for more information
Substance Abuse and Mental Health Services Administration (SAMSHA) (substance abuse resource finder)	None listed	1-800-622-4357	www.samhsa.gov/find-help	No insurance required. Free.
Walter B. Jones Alcohol and Drug Abuse Treatment Center	2577 West Fifth Street, Greenville	252-830-3426	www.ncdhhs.gov/divisions/dsohf/walter-b-jones	Referral process, walk ins available private insurances, sliding, Medicaid, payment plans
Wilmington Treatment Center	2520 Troy Drive, Wilmington	252-503-2177	www.wilmingtontreatment.com	Aetna, BCBS, Cigna, Magellan, Medcost, Optum, PHP, Tricare, UBH/UHC

Community Health Resources in Carteret County, NC and the surrounding areas

Name	Address	Phone Number	Website	Insurance
The Bridge Downeast	1344 Island Road, Harkers Island	252-504-2581	www.thebridgedowneast.com	Call for more information
Carolina East Crossroads	2000 Neuse Blvd, New Bern	252-633-8198	www.carolinaeasthealth.com	Call for more information
Carteret Landing Assisted Living and Memory Care	221 Friendly Road, Morehead City	252-773-0980	https://www.ridgecare.com/communities/carteret-landing-assisted-living/	Call for more information
Coastal Pregnancy Care Center	P.O. Box 2306, Morehead City	252-247-2273	www.cpccenter.org	No insurance required. Free
Creekside Recreational Therapy Services (&Wellness)(Recreational Therapy, Peer support and training)	P.O. Box 12153, New Bern	252-675-2635	www.creeksiderts.org	Self-pay; limited partial scholarships for some programs are offered
Domestic Violence of Carteret County	P.O. Box 2279, Morehead City	252-726-2336 Hotline: 252-728-3788	www.carteretdomesticviolence.com	Call for more information
Eastern Carolina Council Area Agency on Aging	233 Middle Street, 3 rd floor, New Bern	252-638-3185	www.eccog.org	No insurance required; no cost for individuals 60+, caregivers of individuals 60+, or anyone with Alzheimer's/brain disease of any age
Veterans Services of the Carolinas	305 Commerce Avenue, Suite 201, Morehead City	252-787-0661	https://www.carteretcountync.gov/159/Veterans-Services	Call for more information

Email jessica.vasquez@carteretcountync.gov or alecia.gurkins@carteretcountync.gov or call, 252-728-8550, x5754 or x 5763, if you would like your information removed or if information needs to be added/updated