



CARTERET COUNTY HEALTH DEPARTMENT

3820 A Bridges Street

Morehead City, NC 28557

Phone (252) 728-8550 Fax (252) 222-7739

www.carteretcountync.gov



Behavioral Health/Substance Abuse Resources (Updated: 05/30/2019)

Mobile Crisis Resources: Integrated Family Services Mobile Crisis (1-866-437-1821) and RHA Mobile Crisis (1-844-709-4097)

Behavioral Health Agencies in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance
Trillium Health Resources (screening, triage, referrals)	3820-B Bridges Street, Morehead City	1-866-998-2597 (Administrative #) 1-877-685-2415 (Access to Care Line)	www.trilliumhealthresources.org	Medicaid and individuals without any insurance.
Access Family Services, Inc. (Outpatient therapy, Medication Management, Substance Abuse treatment, Intensive In home Services, Day Treatment, School based therapy, Therapeutic Foster Care)	800 Cardinal Road, New Bern	252-633-3855	www.accessfamilyservices.com	Medicaid, BCBS, NCHC
Carolina Psychological Health Services (comprehensive psychological assessments, psychotherapy, psych diagnostic evaluations)	1703 Country Club Road, Suite 204, Jacksonville	910-347-3010	www.cphsnc.com	Accept most insurances including those we are out-of-network with, we are in-network with: BCBS, Medicare, Tricare, Medcost,
Coastal Carolina Center for Women's Ministries	4366 Hwy 24 Newport NC 28570	252-764-0722	https://cwmhope.org/locations/coastal-carolina-center-for-women-s-ministries/	No insurance required
Coastal Carolina Neuropsychiatric Center (psychiatric intake assessments, medication management, psychotherapy, group therapy, psychological testing)	302 Penny Lane, Morehead City; 200 Tarpon Trail, Jacksonville; 1200 Fairmont Ct., Fayetteville	910-938-1114 Fax: 910-938-1118	http://coastalcarolinapsych.com/	Tricare, Medicare, Medicaid, Medcost, NC Healthchoice, BCBS, Trillium, Alliance, Eastpointe, Partners, Sandhills, Vaya
Down East Center For Women Ministry	407 Live Oak St Beaufort #5	252-504-2441	Email: downeastbeaufortcwm@outlook.com	No insurance required

Easter Seals UCP (intensive in-home services, therapeutic foster care)	3820-B Bridges Street, Morehead City	252-648-7150 Fax: 252-247-3277	www.eastersealsucp.com	Medicaid, Trillium
Greater Visions Behavioral Health (therapy, medication awareness/education, initial evaluations, medication management)	3820 Bridges Street, Suite B Morehead City	252-499-9637	https://www.greatervisionsbehavioralhealth.com	Aetna, BCBS, Cigna, Medicaid, Medicare, United, Tricare, uninsured \$300 first visit and the \$150 follow-ups.
Integrated Family Services (comprehensive clinical assessment, outpatient therapy, tele-med medication management)	3710 John Platt Drive, Suite A Morehead City	252-648-7850 Fax 252-648-0869	www.integratedfamilyservices.net	Medicaid, Tricare, BCBS, Private, uninsured
LeChris Counseling Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, PSR, Peer Support, IDD)	3332-A Bridges Street, Morehead City	252-726-9006	www.lechris.com	BCBS, Federal and NC, Medicaid, Medicare, Self-Pay
FACT Specialized Services, A program of Methodist Home for Children (Day treatment, Level III Residential Services, Outpatient Therapy)	120 Henderson Drive, Unit B, Jacksonville	910-346-3744	https://www.mhfc.org/services/specialized-services/	Medicaid, Trillium, Alliance
One to One Counseling and Consulting, PLLC (outpatient mental health services for all ages to include individual, couples, families, or groups; comprehensive clinical assessments)	3332 Bridges Street, Suite 3A, Morehead City	1-888-557-1675 Fax: 252-648-7598	www.onetoone-cc.com	accept self-pay as well as Tricare, BCBS, Medcost, Medicaid, and several EAP (employee assistance program) plans
PORT Health Services (assessment, outpatient therapy, substance abuse treatment, medication management)	3715 Guardian Avenue, Morehead City	252-222-3144 Fax: 252-222-3358	www.porthhealth.org	BCBS, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid, State and self-pay
Pride in North Carolina, Inc. (comprehensive clinical assessment, outpatient therapy, medication management)	110 Branchwood Drive, Suite B, Jacksonville	910-938-9833 Fax: 910-938-9835	www.pridenc.com	Medicaid, state funded, BCBS, NC Health Choice
RHA Behavioral Health (comprehensive clinical assessment, outpatient therapy, group therapy for 18 and older)	3820 Bridges Street, Suite B Morehead City	252-648-3124		BCBS, Medicaid, Medicare, State No insurance required for Crisis.
Sagestone, LCC (Mental and Behavioral Health Counseling, Substance Abuse Counseling, Life	8108-B Emerald Drive, Emerald Isle	252-515-0557 Fax: 252 376 1473	www.sagestonenc.com	Flexible fee and Sliding scale. Each patient has their own contract.

Coaching, Family/Relationship Support, ADHD Support. Individual, group, therapeutic retreats, professional, and contract services.)	Located on the second floor			
Substance Abuse and Mental Health Services Administration (SAMSHA) (behavioral health resource finder)	None listed	800-622-4357	https://www.samhsa.gov/find-help	No insurance required.

Psychologists in Carteret County, NC and the surrounding areas

Name	Address	Phone Number	Website	Insurance
Chris Boyle, HSP-PA (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-571-7792	None listed	Medicaid, NC Health Choice, Self-pay
Jo Ann Garner-McGraw, PhD (Individual and family therapy services, child and adult)	142 Fairview Drive, Emerald Isle	252-354-7661	None listed	Self-pay
Psychological and Educational Resources, PD/Dr. James B. Griffin, Licensed Psychologist (comprehensive clinical assessments, psychological evaluations for adults and children, outpatient therapy)	3606 Medical Park Court, Suite B, Morehead City	252-240-2250 Fax: 252-240-0086	None listed	BCBS, Humana Military, ChampVA, First Health, Mail Handlers, NC Health Choice, Optum Health, Medcost, Medicare, United Healthcare, Aetna, and various other policies
Maureen Migliore, LPA (Ole Town Counseling and Assessment Services)	601 Cedar Street, Suite 7, Beaufort	252-838-1605	www.oletowncounseling.com	BCBS, Medcost, Medicaid, Self-pay, NC Health Choice
Pat R. Robbins, MA, PhD (Eastern Carolina Psychiatric Services)	2800 Village Way, Trent Woods	252-637-7300	www.ecps2800.com	Medicaid, Medicare, State, Tricare, BCBS, NC Health Choice, Self-Pay Other Commercial Insurances
Lisa Miller, LPC (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-670-4850		BCBS, Medicaid, NC Health Choice, Self-pay
Psychological/Therapeutic Resources (Outpatient therapy, AD/HD, Autism Spectrum Disorder, Psychological Testing, Grief Counseling, Problem Gambling)	504 Pollock Street, New Bern or 210 Stonebridge Square, Havelock	New Bern-252-638-3881 Havelock -252-447-4151 Fax: 252-638-8820	http://www.ptrnewbern.com/	BCBS, Medicare, Tricare, Self-pay, Medcost, Humana
Mark Besen, PhD, Psychological Services (Neuropsychological & Psychological Testing ages 8 and up)	1104 Arendell Street, Morehead City, NC 28557 (Located inside The Dill House)	252-207-0545 Fax: 252-364-4620	http://www.mbpsychservices.wordpress.com/	Medicare, Medcost, Medicaid, BlueCross BlueShield, Tricare, Optum/UBH

Private Counselors in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance Accepted
Vickey Barwick, MA, MEd (Diagnose/Treat learning issues)	1104 Arendell Street, Morehead City	252-725-1686	None listed	Call for more information
Kathleen Ellers, MS, LPCS (Children, adolescents and adults)	1104 Arendell Street, Morehead City	252-670-4720	www.moreheadcitycounseling.com	BCBS, Tricare, MedCost, Atena Self-pay \$120 per 60 minute session
Dizy Brown, MED, LPC, DCEP (counseling for individuals, couples, teenagers)	1104 Arendell Street, Morehead City	252-503-5143	None listed	Aetna, BCBS, Cigna, Medcost (out-of-network), Medicaid, Self-pay, Tricare Standard (out- of-network), United Behavioral Health (out-of-network)
James Lauve, LCSW (family, adult, adolescent counseling, substance abuse counseling)	3332 Bridges Street, Suite 4, Morehead City	252-726-0306	None listed	Aetna, BCBS, Cigna, Medcost, Medicaid, Medicare, Tricare, United Health
Susan Sullivan MSW, LCSW PLLC (individual, family & couples therapy)	East Coast Square- East 4218 M Arendell Street Morehead City	252-422-1655	None listed	Self-pay
Wendy Maddox, LCSW (trauma and attachment services, play therapy)	1104 Arendell Street, Morehead City	252-723-9775	None listed	Medicaid, Aetna
Pam Muñoz, LCSW (individuals, couples and family therapy)	1104 Arendell Street, Morehead City	252-622-9310 Fax: 252-222-3100	None listed	BCBS, Medcost, Medicare, Tricare
Terry Robertson, LCSW (individual psychotherapy, family counseling, marriage counseling, Board-certified clinical hypnosis)	3002 Bridges Street, Morehead City	252-247-7090	None listed	Self-pay. All sessions are paid in full and then insurance is filed for reimbursement after deductible is met.
Glenda Self, LPC (Mainly pre-school children and family therapy, also home-based therapy) Better Beginnings	215 N. 35 th Street, Suite 5, Morehead City	252-723-5807 Fax: 252-499-9732	http://carteretkids.org/ (see home-based family therapy)	BCBS, Aetna, United Healthcare, Optum, Cigna and self-pay
Judy Terrell, LMFT (couples, children, adult counseling)	215 N. 35 th Street, Suite 5, Morehead City	252-422-2403	None listed	BCBS, Private Pay

Substance Abuse Treatment Providers/Assistance in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance
Alcoholics Anonymous (12-step recovery)	Some Known Meetings more can be found on the website: Monday, 7pm, United Methodist Church Thursday, 8pm, First Presbyterian Church Thursday, 9:30 am, First Baptist Church Friday, 12pm, Peer Recovery Center	252-726-8540	www.carteretcountyyaa.org	No insurance required. Meetings are listed on the website.
Al-Anon and Alateen (12-step recovery for families and teens)	None listed	1-800-344-2666	http://ncbermudaafg.org	No insurance required. Website/phone can be used to search for local meetings
Brynn Marr Hospital (In-patient crisis stabilization for ages 5 up through adults, in-patient dual diagnosis/detoxification for adults, residential treatment for adolescent females ages 12-17)	192 Village Drive, Jacksonville	910-577-1900 Fax: 910-577-2799		BCBS, Tricare, Medicaid, Medicare, Medcost, United UBH, Cigna, Aetna, VA benefits, NC Health Choice, most major insurance and managed care plans Free and confidential walk-in assessments 24/7
Carteret County Rape Crisis	3722 Bridges St Suite 203, Morehead City	252-504-3668	https://www.carteretcountync.gov/460/Rape-Crisis	No insurance required. Free.
Mental Health Support Group	Thursdays, 6:00pm, Peer Recovery Center	252-222-3888	http://www.prcofcc.org/	No insurance required. Free
Don Mrdjenovic, CSAC (certified substance abuse counselor) (DWI counseling)	105 N. 10 th Street, Morehead City	252-247-1109	None listed	Self-pay
David J. Ellis, LPCS, LCAS David L. Ellis, LCSW (Substance Abuse and Mental Health Services Individual, Couples and Family Counseling Assessment, Outpatient Services)	318-A East Main Street, Havelock	252-646-1171	http://www.elliscounseling.com/	BCBS, Tricare, Medicare, Medicaid, All major insurances. \$65 an hour for self-pay.
Healing Transitions (inpatient substance abuse treatment)	1251 Goode Street, Raleigh (Men) 3304 Glen Royal Road, Raleigh (Women)	919-838-9800	www.healing-transitions.org	No insurance required. Free.

Hope Recovery Homes, Inc. (Residential living for substance abuse)	PO Box 627, Morehead City	252-515-6976 Fax: 252-622-4839	www.hoperecoveryhomes.org	state funded and/or self pay
Loaves and Fishes Counseling (assessments, individual and group counseling, support groups; inpatient and outpatient)	1730 Live Oak Street, Beaufort	252-838-9035	www.loavesandfishesnc.org	1 st month- \$750 Each Additional Months- \$500 No insurances taken at the beginning but a bill can be given to you at the end of your stay and you can present it to your insurance.
Family Medicine and Rehabilitation Center	310 Commerce Ave., Suite B, Morehead City	252-499-9021	www.fmrclinics.com	Most medical insurances, Tricare, including Medicaid and Medicare
Narcotics Anonymous (12-step recovery)	Sunday-Thursday, 7pm, Peer Recovery Center	800-691-5427	www.na.org www.coastalcarolinaarea.org	No insurance required. Free
Nar-Anon (12-step recovery for families of people with addiction)	Tuesday, 6:30pm, Peer Recovery Center Also some at Saint Andrews Episcopal Church	252-808-5350, 252-646-2725, 1-800-447-6291	www.nar-anon.org	No insurance required. Free
Smart Recovery	5058 US-70 Morehead City (Behind the Waffle House) Tuesdays, 6:30-8:00 pm Thursdays, 1:00-2:00 pm	(252) 241-7395	https://www.smartrecovery.org/	No insurance required. Free
Peer Recovery Center of Carteret County (12-step recovery, one-to-one peer support)	3900 Bridges Street, Morehead City	252-222-3888, 252-269-5317 (24-hr warmline)	www.prcofcc.org	No insurance required. Free
PORT (residential) (adolescent substance abuse treatment program)	114 Health Drive, Greenville	252-413-1965	https://porthealthservices.org/childadolescent-outpatient-treatment/port-residential/	Athena, BCBS, CHAMPVA, Cigna, Health Choice, Humana, Magellan, Medcost, Medicaid, Medicare, Self-pay, Tricare, United Health Care
Substance Abuse and Mental Health Services Administration (SAMSHA) (substance abuse resource finder)	None listed	1-800-622-4357	www.samhsa.gov/find-help	No insurance required
Walter B. Jones Alcohol and Drug Abuse Treatment Center	2577 West Fifth Street, Greenville	252- 830-3426 Fax: 252-707-5275	www.ncdhhs.gov/divisions/dsohf/walter-b-jones	Referral process, walk ins available private insurances, sliding, Medicaid, payment plans

Email stephanie.stevenson@cartercountync.gov or call Stephanie Stevenson, 252-728-8550, x5754, if you would like your information removed or if information needs to be added/updated