



CARTERET COUNTY HEALTH DEPARTMENT

3820 A Bridges Street
 Morehead City, NC 28557
 Phone (252) 728-8550 Fax (252) 222-7739
www.carteretcountync.gov



Behavioral Health/Substance Abuse Resources (Updated: 10/29/2019)

Mobile Crisis Resources: Integrated Family Services Mobile Crisis (1-866-437-1821) and RHA Mobile Crisis (1-844-709-4097)

Behavioral Health Agencies in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance
Trillium Health Resources (screening, triage, referrals)	3820-B Bridges Street, Morehead City	1-866-998-2597 (Administrative #) 1-877-685-2415 (Access to Care Line)	www.trilliumhealthresources.org	Medicaid and individuals without any insurance.
Access Family Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, foster care, IAFT, day treatment)	800 Cardinal Road, New Bern	252-633-3855	www.accessfamilyservices.com	Accept most insurances; however, it is best to call our office to make sure. All of our enhanced services are billed through Medicaid funding through the client's Managed Care Organization (MCO).
Carolina Psychological Health Services (comprehensive psychological assessments, psychotherapy, psych diagnostic evaluations)	1703 Country Club Road, Suite 204, Jacksonville	910-347-3010	www.cphsnc.com	BCBS, Medicare, Tricare, Medcost
Coastal Carolina Center for Women's Ministries	304 Emerald Plantation Drive, Emerald Isle	252-764-0722	https://www.compassionatefriends.org/wcl-service/coastal-carolina-cwm/	No insurance required
Coastal Carolina Neuropsychiatric Center (psychiatric intake assessments, medication management, psychotherapy, group therapy, psychological testing)	302 Penny Lane, Morehead City; 200 Tarpon Trail, Jacksonville;	Jacksonville:910-938-1114 Fax: 910-938-1118 Morehead City: 252-499-9412 Fax: 910-938-1118	http://coastalcarolinapsych.com/	Tricare, Medicare, Medicaid, Medcost, NC Healthchoice, BCBS, Trillium, Alliance, Eastpointe, Partners, Sandhills, Vaya
Down East Center For Women Ministry	407 Live Oak St Beaufort #5	919-612-1408	http://www.cwmhope.org/locations/down-eastbeaufort-cwm/	No insurance required
Easter Seals UCP (intensive in-home services, therapeutic foster care)	3820-B Bridges Street, Morehead City	252-648-7150 Fax: 252-247-3277	www.eastersealsucp.com	Medicaid, Trillium

Greater Visions Behavioral Health (therapy, medication awareness/education, initial evaluations, medication management)	3820 Bridges Street, Suite B Morehead City	252-499-9637	https://www.greatervisionsbehavioralhealth.com	Aetna, BCBS, Cigna, Medicaid, Medicare, United, Tricare, uninsured \$300 first visit and the \$150 follow-ups.
Integrated Family Services (comprehensive clinical assessment, outpatient therapy, tele-med medication management)	3710 John Platt Drive, Suite A Morehead City	252-648-7850 Fax 252-648-7950	www.integratedfamilyservices.net	Medicaid, Medicare, Tricare, BCBS, Cigna, Aetna, Private, uninsured
LeChris Counseling Services, Inc. (comprehensive clinical assessment, outpatient therapy, medication management, intensive in-home services, PSR, Peer Support, IDD)	3332-A Bridges Street, Morehead City	252-726-9006	www.lechris.com	BCBS, Federal and NC, Medicaid, Medicare, Self-Pay
FACT Specialized Services, A program of Methodist Home for Children (Day treatment, Level III Residential Services, Outpatient Therapy)	120 Henderson Drive, Unit B, Jacksonville	910-346-3744	www.mhfc.org	Medicaid, Trillium, Alliance
One to One Counseling and Consulting, PLLC (comprehensive clinical assessment, outpatient therapy, group counseling)	3332 Bridges Street, Suite 3A, Morehead City	1-888-557-1675 Fax: 252-648-7598	www.onetoone-cc.com	BCBS, Medicaid, Medcost, Tricare Insurance is not applicable for life coaching sessions.
PORT Health Services (assessment, outpatient therapy, substance abuse treatment, medication management)	3715 Guardian Avenue, Morehead City	252-222-3144 Fax: 252-222-3358	www.porthealth.org	BCBS, Medcost, Medicare, Aetna, CIGNA, Tricare, Magellan, CHAMPVA, Humana, United Health Care, NCHC, Medicaid, State and self pay
Pride in North Carolina, Inc. (comprehensive clinical assessment, outpatient therapy, medication management)	110 Branchwood Drive, Suite B, Jacksonville	910-938-9833 Fax: 910-938-9835	www.pridenc.com	Medicaid, state funded, BCBS, NC Health Choice
RHA Behavioral Health (comprehensive clinical assessment, outpatient therapy, group therapy, intensive in-home services)	1405-A South Glenburnie, New Bern 28563	252-638-7875	www.rhabebehavioralhealth.org	BCBS, Medicaid, State No insurance required for Crisis.
Sagestone, LCC (Mental and Behavioral Health Counseling, Substance Abuse Counseling, Life Coaching, Family/Relationship Support, ADHD Support. Individual, group, therapeutic retreats, professional, and contract services.)	8108-B Emerald Drive, Emerald Isle	252-515-0557	www.sagestonenc.com	Flexible fee and Sliding scale. Each patient has their own contract.

Substance Abuse and Mental Health Services Administration (SAMSHA) (behavioral health resource finder)	None listed	800-622-4357	https://www.samhsa.gov/find-help	No insurance required.
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Psychologists in Carteret County, NC and the surrounding areas

Name	Address	Phone Number	Website	Insurance
Chris Boyle, HSP-PA (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-571-7792	None listed	Medicaid, NC Health Choice, Self-pay
Jo Ann Garner-McGraw, PhD (Individual and family therapy services, child and adult)	142 Fairview Drive, Emerald Isle	252-354-7661	None listed	Self-pay
Psychological and Educational Resources, PD/Dr. James B. Griffin, Licensed Psychologist (comprehensive clinical assessments, psychological evaluations for adults and children, outpatient therapy)	3606 Medical Park Court, Suite B, Morehead City	252-240-2250 Fax: 252-240-0086	None listed	BCBS, Humana Military, ChampVA, First Health, Mail Handlers, NC Health Choice, Optum Health, Medcost, Medicare, Medicaid, United Healthcare, Aetna, and various other policies
Maureen Migliore, LPA (Ole Town Counseling and Assessment Services)	601 Cedar Street, Suite 7, Beaufort	252-838-1605	www.oletownecounseling.com	BCBS, Medcost, Medicaid, Self-pay, NC Health Choice, United Health Care (out network)
Pat R. Robbins, MA, PhD (Eastern Carolina Psychiatric Services)	2800 Village Way, Trent Woods	252-637-7300	www.ecps2800.com	Medicaid, Medicare, State, Tricare, BCBS, NC Health Choice, Self-Pay Other Commercial Insurances
Lisa Miller, LPC (Clinical and Forensic Associates PLLC)	318-A East Main Street, Havelock	252-670-4850	None listed	BCBS, Medicaid, NC Health Choice, Self-pay
Psychological/Therapeutic Resources (Outpatient therapy, AD/HD, Autism Spectrum Disorder, Psychological Testing, Grief Counseling, Problem Gambling)	504 Pollock Street, New Bern or 210 Stonebridge Square, Havelock	252-638-3881 Fax: 252-638-8820	http://www.ptrnewbern.com/	BCBS, Self-pay, Tricare, Medcost
Mark Besen, PhD, Psychological Services (Neuropsychological & Psychological Testing ages 8 and up)	1104 Arendell Street, Morehead City, NC 28557 (Located inside The Dill House)	252-207-0545 Fax: 252-364-4620	http://www.mbpsychservices.wordpress.com/	Medicare, Medcost, BlueCross BlueShield, Tricare, United Healthcare and Discounted Self-Pay.

Private Counselors in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance Accepted
Vickey Barwick, MA, MEd (Diagnose/Treat learning issues)	1104 Arendell Street, Morehead City	252-725-1686	None listed	Call for more information
Kathleen Ellers, MS, LPCS (Children, adolescents and adults)	1104 Arendell Street, Morehead City	252-670-4720	www.moreheadcitycounseling.com	BCBS, Tricare, MedCost, Atena Self-pay
Dizy Brown, MED, LPC, DCEP (counseling for individuals, couples, teenagers)	1104 Arendell Street, Morehead City	252-503-5143	None listed	Aetna, BCBS, Cigna, Medcost (out-of-network), Medicaid, Self-pay, Tricare (out-of-network), United Behavioral Health
James Lauve, LCSW (family, adult, adolescent counseling, substance abuse counseling)	3332 Bridges Street, Suite 4, Morehead City	252-726-0306	None listed	Aetna, BCBS, Cigna, Medcost, Medicaid, Medicare, Tricare, United Health
Susan Sullivan MSW, LCSW PLLC (individual, family & couples therapy)	East Coast Sqaure- East 4218 M Arendell Street Morehead City	252-422-1655	None listed	Self-pay
Wendy Maddox, LCSW (trauma and attachment services, play therapy)	1104 Arendell Street, Morehead City	252-723-9775	None listed	Medicaid, Atena
Pam Muñoz, LCSW (individuals, couples and family therapy)	1104 Arendell Street, Morehead City	252-622-9310 Fax: 252-222-3100	None listed	BCBS, Medcost, Medicare, Tricare
Julie Sandine, LCSW (Greater Visions Behavioral Health)	3820 Bridges Street, Suite B, Morehead City	252-222-0854	None listed	Aetna, BCBS, Cigna, Medicare, Medicaid
Terry Robertson, LCSW (individual psychotherapy, family counseling, marriage counseling, Board-certified clinical hypnosis)	3002 Bridges Street, Morehead City	252-247-7090	None listed	Self-pay. All sessions are paid in full and then insurance is filed for reimbursement after deductible is met.
Glenda Self, LPC (Mainly pre-school children and family therapy, also home-based therapy) Better Beginnings	215 N. 35 th Street, Suite 5, Morehead City	252-723-5807 Fax: 252-499-9732	http://carteretkids.org/ (see home-based family therapy)	Medicaid, Self-Pay, Grant Funds available to eligible recipients.
Judy Terrell, LMFT (couples, children, adult counseling)	215 N. 35 th Street, Suite 5, Morehead City	252-422-2403	None listed	BCBS, Private Pay

Substance Abuse Treatment Providers/Assistance in Carteret County, NC and the surrounding areas				
Name	Address	Phone Number	Website	Insurance
Alcoholics Anonymous (12-step recovery)	Some Known Meetings more can be found on the website: Monday, 7pm, United Methodist Church Thursday, 8pm, First Presbyterian Church Thursday, 9:30 am, First Baptist Church Friday, 12pm, Peer Recovery Center	252-726-8540	www.carteretcountyyaa.org	No insurance required. Meetings are listed on the website.
Al-Anon and Alateen (12-step recovery for families and teens)	None listed	1-800-344-2666	http://ncbermudaafg.org	No insurance required. Website/phone can be used to search for local meetings
Brynn Marr Hospital (detoxification and in-patient treatment)	192 Village Drive, Jacksonville	910-577-1900	www.brynnmarr.org	BCBS, Tricare, Medicaid, Medicare, Medcost, United, self-pay (most major insurance and managed care plans)
Carteret County Rape Crisis	3722 Bridges St Suite 203, Morehead City	252-504-3668	https://www.carteretcountync.gov/460/Rape-Crisis	No insurance required. Free.
Carteret Counseling Services, Inc. (drug/alcohol assessments (ages 18+), outpatient and intensive outpatient group therapy)	3820-B Bridges Street, Morehead City	252-648-3124	None listed	Medicaid, Tricare, State, Self-pay
Mental Health Support Group	Wednesdays, 12:00pm, Peer Recovery Center	252-222-3888	http://www.prcofcc.org/	No insurance required. Free
Don Mrdjenovic, CSAC (certified substance abuse counselor) (DWI counseling)	105 N. 10 th Street, Morehead City	252-247-1109	None listed	Self-pay

David J. Ellis, LPCS, LCAS David L. Ellis, LCSW (Substance Abuse and Mental Health Services Individual, Couples and Family Counseling Assessment, Outpatient Services)	318-A East Main Street, Havelock	252-646-1171	http://www.elliscounseling.com/	BCBS, Tricare, Medicare, Medicaid, All major insurances. \$65 an hour for self-pay.
Healing Transitions (inpatient substance abuse treatment)	1251 Goode Street, Raleigh (Men) 3304 Glen Royal Road, Raleigh (Women)	919-838-9800	www.healing-transitions.org	No insurance required. Free.
Hope Recovery Homes, Inc. (men's and women's substance abuse recovery residential houses)	None listed	252-515-6976	www.hoperecoveryhomes.org	Call for location and insurance information. Website offers application process.
Loaves and Fishes Counseling (assessments, individual and group counseling, support groups; inpatient and outpatient)	1730 Live Oak Street, Beaufort	252-838-9035	www.loavesandfishesnc.org	1 st month- \$750 Each Additional Months- \$500 No insurances taken at the beginning but a bill can be given to you at the end of your stay and you can present it to your insurance.
Family Medicine and Rehabilitation Center	310 Commerce Ave., Suite B, Morehead City	252-499-9021 919-679-2600	www.fmrclinics.com	All major medical insurance, Tricare, including Medicaid and Medicare
Narcotics Anonymous (12-step recovery)	Sunday-Thursday, 7pm, Peer Recovery Center	800-691-5427	www.na.org www.coastalcarolinaarea.org	No insurance required. Free
Nar-Anon (12-step recovery for families of people with addiction)	Tuesday, 6:30pm, Peer Recovery Center Also some at Saint Andrews Episcopal Church	252-808-5350, 252-646-2725, 1-800-447-6291	www.nar-anon.org	No insurance required. Free
Peer Recovery Center of Carteret County (12-step recovery, one-to-one peer support)	3900 Bridges Street, Morehead City	252-222-3888, 252-269-5317 (24-hr warmline)	www.prcofcc.org	No insurance required. Free
PORT (residential) (adolescent substance abuse treatment program)	114 Health Drive, Greenville	252-413-1950	https://porthealthservices.org/childadolescent-outpatient-treatment/port-residential/	Athena, BCBS, CHAMPVA, Cigna, Health Choice, Humana, Magellan, Medcost, Medicaid, Medicare, Self-pay, Tricare, United Health Care
SMART Recovery	3900 Bridges Street, Morehead City Thurs 12-1	252-222-3888	www.prcofcc.org	No insurance required. Free
Substance Abuse and Mental Health Services	None listed	1-800-622-4357	www.samhsa.gov/find-help	No insurance required

Administration (SAMSHA) (substance abuse resource finder)				
Walter B. Jones Alcohol and Drug Abuse Treatment Center	2577 West Fifth Street, Greenville	252-830-3426	www.ncdhhs.gov/divisions/dsohf/walter-b-jones	Referral process, walk ins available private insurances, sliding, Medicaid, payment plans

Email jessica.vasquez@carteretcountync.gov or alecia.gurkins@carteretcountync.gov or call, 252-728-8550, x5754 or x 5763, if you would like your information removed or if information needs to be added/updated